GUIDELINES ON AESTHETIC PRACTICES FOR DOCTORS – FOR COMPLIANCE

The revised Guidelines on Aesthetic Practices for Doctors (2016 edition) came into effect on 1 August 2016. The 2016 Guidelines can be found through the web link here. The Singapore Medical Council (SMC) reminds registered medical practitioners that they are only allowed to do aesthetic procedures in accordance with the 2016 Guidelines.

2. In the 2016 Guidelines, aesthetic procedures are grouped into two Tables. Table 1 applies to non-specialists, and specialists who are not listed in Table 2. Table 2 only applies to specialists who can perform the listed aesthetic procedures.

3. Under the 2016 Guidelines, doctors who perform aesthetic procedures listed under Table 1 must either have a proven track record of having performed the requisite number of procedures with good outcomes in the two-year period between 1 October 2006 and 30 September 2008 before the first edition (2008) of the Guidelines on Aesthetic Practices for Doctors came into effect. Alternatively, they must have obtained an SMC-approved certificate of competence (COC) in the particular Table 1 procedure if a course for such an approved COC is available after the 2008 Guidelines and the 2016 Guidelines came into effect. The details for these COCs can be found on the SMC’s website here.

4. The SMC wishes to remind medical practitioners who are doing procedures under Table 1 to comply strictly to the guidelines and will take the appropriate measures against errant doctors.

5. Listed specialists who did not receive training to perform the procedures in Table 2 should not perform the procedures until they have undergone the training and acquired the necessary experience to perform the procedures competently.

6. The SMC would like to reiterate that doctors must practise medicine responsibly, safely and ethically, and comply with all relevant rules and guidelines, including the 2016 Guidelines and the SMC Ethical Code and Ethical Guidelines (2016). Disciplinary action may be taken against doctors who are found to have practised in breach of these guidelines.