



**MINISTRY OF HEALTH**  
SINGAPORE

MH 34:24/8

5 Mar 2020

All registered TCM practitioners

**MOH CIRCULAR 71/2020**

**REVISION OF SUSPECT CASE DEFINITION FOR CORONAVIRUS DISEASE 2019 (COVID-19)**

As of 3 March 2020, 12 pm, there are 90,689 confirmed cases of COVID-19 infection globally, including 10,538 cases outside of mainland China. The Republic of Korea has reported 4,812 cases, an increase of 600 cases in the past one day. Italy has reported 1,835 cases, an increase of 141 cases in the past one day, mostly in the Northern region. Iran has reported 1,501 cases, an increase of 523 cases in the past one day. The number of confirmed cases in Japan is lower at 268 cases, and with an increase of 14 cases in the past one day.

2. In view of the increasing risk of local transmission in Iran, Japan, Northern Italy<sup>1</sup>, and the Republic of Korea, Singaporeans are advised to defer non-essential travel to these countries and regions. (Note that there was an advisory issued on 8 January 2020 against travelling to or remaining in Iran due to rising tensions in the Middle East. This security concern and advice remains.)

3. In addition, from 4 March 2020, 2359 hours, all new visitors with recent travel history to Iran, Northern Italy<sup>1</sup>, or the Republic of Korea within the last 14 days will not be allowed entry into Singapore, or transit through Singapore. Residents (Singapore Citizens and Permanent Residents) and long-term pass holders with recent travel history to Iran, Northern Italy<sup>1</sup>, or the Republic of Korea within the last 14 days will be issued with a Stay-Home Notice (SHN). These persons will have to remain in their place of residence at all times for a 14-day period after returning to Singapore

**UPDATE OF SUSPECT CASE DEFINITION**

4. In view of the above, we have **revised** the suspect case criteria to the following:

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<sup>1</sup> Northern Italy refers to eight administrative regions: Aosta Valley, Piedmont, Liguria, Lombardy, Emilia-Romagna, Veneto, Friuli-Venezia Giulia and Trentino-Alto Adige/Südtirol. The cities of Milan and Venice are in Northern Italy.

- a) A person with clinical signs and symptoms suggestive of pneumonia or severe respiratory infection with breathlessness **AND** who within 14 days before onset of illness had travelled to **affected areas**<sup>2</sup>. As of 3 March 2020, affected areas are: Mainland China, Republic of Korea, Japan, Northern Italy (including Milan and Venice) and Iran.
- b) A person with an acute respiratory illness of any degree of severity who, within 14 days before onset of illness had:
  - i. Been to Hubei Province (including Wuhan city), China, **Daegu city or Cheongdo County, Republic of Korea; OR**
  - ii. Been to a hospital in **affected areas**<sup>2</sup>; **OR**
  - iii. Had close contact<sup>3</sup> with a case of COVID-19 infection.

5. Please note that transit only in an airport located in an affected country is not considered as having travelled to the affected country.

6. MOH will continue to monitor the global situation closely and propose additional measures as proportionate to risk. As the global situation is rapidly evolving, we encourage all healthcare practitioners to keep abreast of the latest updates on affected countries and areas by referring to the Healthcare Professionals Portal: <https://www.moh.gov.sg/hpp/all-healthcare-professionals>.

## SUSPECT CASE MANAGEMENT

7. With the activation of the Public Health Preparedness Clinics (PHPCs), **TCM practitioners should refer all patients with acute respiratory symptoms, irrespective of travel history, to the nearest PHPC**. This will allow the PHPC doctors to assess whether pneumonia is present or whether the case fulfils the suspect case definition, and if so, make an early referral to the hospital to exclude COVID-19 infection. You can search for your nearest PHPC at [www.phpc.gov.sg](http://www.phpc.gov.sg).

8. If the patient is medically unstable (i.e. hypotensive or breathless), please call the SCDF (995) ambulance and inform the ambulance operator if the patient fits the suspect case definition.

<sup>2</sup> Please check the Healthcare Professionals Portal regularly for updates.

<sup>3</sup> Close contact is defined as:

- Anyone who provided care for the patient, including a health care worker or family member, or who had other similarly close physical contact;
- Anyone who stayed (e.g. household members) at the same place as a case.



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## STRICT HAND HYGIENE PRACTICES AND APPROPRIATE PPE USAGE

9. Staff and volunteers are reminded to strictly adhere to hand hygiene practices as well as adopt appropriate PPE usage (please refer to Annex A of the previous MOH circular 52/2020 dated 20 February 2020).

## UNWELL STAFF AND VOLUNTEERS SHOULD NOT COME TO WORK

10. All staff and volunteers with symptoms suggestive of an acute respiratory illness (fever, cough, sore throat, breathlessness, sputum production, fatigue/malaise) should not come to work and should stay at home and minimise close contacts with others.

11. They should wear a mask and seek medical attention, as necessary. They should also update their employer or institution point-of-contact promptly.

12. Your continued vigilance against possible cases of COVID-19 is greatly appreciated.

13. For clarification on this circular, please email [MOH\\_INFO@moh.gov.sg](mailto:MOH_INFO@moh.gov.sg).



A/PROF KENNETH MAK  
DIRECTOR OF MEDICAL SERVICES  
MINISTRY OF HEALTH

### **IMPORTANT**

***This circular supersedes MOH CIRCULAR 58/2020 titled, "REVISION OF SUSPECT CASE DEFINITION FOR CORONAVIRUS DISEASE 2019 (COVID-19)" dated 25 February 2020.***



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**Map of Italy Indicating Affected Areas in the North**



Northern Italy is a geographical and cultural region which consists of eight administrative regions in Northern Italy: Aosta Valley, Piedmont, Liguria, Lombardy, Emilia-Romagna, Veneto, Friuli-Venezia Giulia and Trentino-Alto Adige/Südtirol. The cities of Milan and Venice are in Northern Italy.



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5 Mar 2020

致：中医注册执业者

卫生部通告 **71/2020**

### 修订 2019 冠状病毒疾病 (COVID-19) 的疑似病例定义

截至 3 月 3 日下午 12 点，全球共报道了 90,689 起 COVID-19 病例，其中包括在中国大陆以外的 10,538 起。韩国报道了 4,812 起病例，比前一天增加了 600 起。意大利报道了 1,835 起病例，比前一天增加了 141 起，多数在北部地区。伊朗报道了 1,501 起病例，比前一天增加了 523 起。日本的确诊病例数目较少，只有 268 起，比前一天增加了 14 起。

2. 鉴于伊朗、日本、意大利北部<sup>1</sup>和韩国的本地传播风险日益增加，政府建议新加坡人把到这些国家和地区的非必要行程推迟。(请注意：由于中东局势紧张，我国于 2020 年 1 月 8 日发布了一项关于避免前往或在伊朗逗留的咨询。有关的安全隐患依然存在，而警告依然有效。)

3. 此外，从 2020 年 3 月 4 日，2359 时开始，所有在过去 14 天内到过伊朗、日本、意大利北部<sup>1</sup>和韩国的新访客，将不得进入新加坡或经由新加坡过境。在过去 14 天内到过伊朗、意大利北部<sup>1</sup>和韩国的居民（新加坡公民和永久居民）和长期准证持有者将接获居家通知（SHN）。这些人士在返回新加坡后的 14 天内必须时刻留在他们的居所中。

### 更新的疑似病例定义

4. 基于以上发展，疑似病例的标准已扩大到以下几个点：

- a) 具疑似肺炎的临床体征和症状或严重呼吸道感染伴呼吸急促症状的人士，并在发病前的 14 天内到过受影响地区<sup>2</sup>。截至 2020 年 3 月 3 日，受影响

<sup>1</sup> 意大利北部指的是 8 个行政区：Aosta Valley, Piedmont, Liguria, Lombardy, Emilia-Romagna, Veneto, Friuli-Venezia Giulia and Trentino-Alto Adige/Südtirol. 米兰(Milan)和威尼斯(Venice)城市亦属意大利北部。

<sup>2</sup> 请定期查阅医疗保健专业人士网站以获取最新信息。

的地区有：中国大陆、韩国、日本、意大利北部（包括米兰和威尼斯）和伊朗。

- b) 患有任何严重程度的急性呼吸系统疾病的人士，并在发病前14 天内：
- i. 到过中国湖北省（包括武汉市）、韩国大邱市或清道郡；或
  - ii. 到过受影响地区<sup>2</sup>的医院；或
  - iii. 曾与COVID-19感染病例密切接触<sup>3</sup>。

5. 请注意：仅在受影响国家的机场过境不被视为曾到过受影响国家。

6. 卫生部将继续密切地关注全球局势，并提出与风险相称的额外措施。由于全球局势正在迅速演变，我们鼓励所有医务工作者通过参阅医疗保健专业人士网站，<https://www.moh.gov.sg/hpp/all-heal-thcare-professionals>，以了解有关受影响国家和地区的最新情况。

### 疑似病例管理

7. 随着公共卫生防范诊所（PHPC）的启动，无论病人是否有出境旅游史，中医师都应该把所有患有急性呼吸道症状的病人转诊至最近的 PHPC。这将允许 PHPC 的医生评估病人是否有肺炎或符合疑似病例定义，并把疑似感染的病人尽早转诊至医院，以排除 COVID-19 感染。您可以上网到 [www.phpc.gov.sg](http://www.phpc.gov.sg) 查询最靠近您的 PHPC。

8. 如果病人病情不稳定（即低血压或呼吸急促），请拨电 995 呼叫民防部队救护车，并通知救护车操作员病人是 COVID-19 的疑似病例。

### 严格遵守手部卫生习惯与适当使用个人防护配备

9. 医疗保健工作人员必须严格遵守手部卫生措施，并采取适当的个人防护配备（请参阅卫生部之前于 2020 年 2 月 20 日发出的通告 52/2020 当中的附件 A）。

<sup>3</sup> 密切接触的定义是：

- 为病人提供护理的人士，包括医护人员或家属，或有其他类似的密切身体接触者；
- 在同一个地点住（例如住过、探访过）的人士。



## 身体不适的工作人员和志工不应该上班

10. 所有患有似急性呼吸道疾病症状（发烧、咳嗽、喉咙痛、呼吸困难、痰液产生、疲劳/萎靡）的工作人员和志工，都不应来上班。他们应该留在家中，并尽量减少与他人的紧密接触。
11. 他们应戴上口罩，在必要时求诊。他们也应该及时通知雇主或受聘机构的负责人员。
12. 非常感谢您对 COVID-19 的可疑病例保持警惕。
13. 若对此通告有疑问，请发送电邮至 [MOH\\_INFO@moh.gov.sg](mailto:MOH_INFO@moh.gov.sg)。



卫生部医药总监  
麦锡威副教授

以上文件以英语原文为准

### 重要提示

此通告取代卫生部于 2020 年 2 月 25 日发出题为“修订 2019 冠状病毒疾病 (COVID-19) 的疑似病例定义”的通告 58/2020。



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意大利北部受影响地区的标示图



意大利北部是一个地理和文化区域，由意大利北部八个行政区组成：Aosta Valley, Piedmont, Liguria, Lombardy, Emilia-Romagna, Veneto, Friuli-Venezia Giulia and Trentino-Alto Adige/Südtirol. 米兰(Milan)和威尼斯(Venice)城市亦属意大利北部。



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