

TCM Practitioners Board

中医管理委员会

**Guide on Voluntary
Continuing Professional TCM Education
Programme**

**自愿性中医继续教育计划
指南**

1 Voluntary Continuing Professional TCM Education (Voluntary CPE)

In order to enable registered TCM practitioners (both registered TCM physicians and registered acupuncturists) to have updated and relevant professional knowledge and to keep pace with continuous changes in the TCM landscape, the TCM Practitioners Board has introduced the Voluntary Continuing Professional TCM Education (CPE) Programme with effect from 2 Jan 2013.

Registered TCM practitioners are strongly encouraged to participate actively in the Voluntary CPE to continuously upgrade their professional knowledge and skills and to maintain a high standard of TCM practice in order to offer quality TCM services to the general public.

2 Voluntary CPE Point Requirements

Duration	Qualifying Period (QP) for CPE points	Minimum CPE Points Requirement	
		Total Points	Core Points* (60%) (Approved TCM Topics)
For 1 year	1 Apr to 31 Mar of next year	25	15
For 2 years	1 Apr to 31 Mar of the year after next	50	30

* Please note that core CPE points must make up at least 60% of the total CPE point. For participation in professional education activities organized by other accredited medical / para-medical / healthcare establishments, non-core points can be awarded.

3 Voluntary CPE Event Categories

CPE events are grouped into 5 different CPE Event Categories: 1A, 1B, 1C, 2A, and 3A. Each category will be awarded different CPE points. For categories 2A and 3A, there is a cap of maximum CPE points to be claimed.

Please refer to Table A: Voluntary CPE – CPE Event Categories and CPE Points on Page 6 for more details.

For list of Accredited Professional Journals for Categories 2A and 3A, please refer to the Board's website at www.tcmpb.gov.sg under [Continuing Professional TCM Education].

4 Submission of CPE Point Claims

a) For Event Categories 1A or 1B:

Accredited CPE event providers that organised TCM education events shall submit CPE attendance on behalf of TCM Practitioners who attended the event within one month of the completion of each CPE event.

b) For Event Categories 1C, 2A or 3A:

TCM practitioners shall submit online CPE point claim applications personally for attending the following continuing TCM education events/activities:

- (i) Category 1C – Lecture, conference, seminar or workshop held overseas, or organised by other accredited medical / para-medical / healthcare establishments
- (ii) Category 2A – Publication of books/papers/editorial works/reviews
- (iii) Category 3A – Self-Directed Learning

All such online claims of CPE points must be supported with relevant supporting documents.

Please refer to Table B: Voluntary CPE – Required Supporting Documents for CPE Point Claims on Page 7 for more details.

- c) After the CPE Point Claim Application is approved, CPE points will be awarded to the TCM practitioner. You can also go online to view the CPE points obtained and search for accredited workshops and courses to attend.

5 Information on CPE Events

For list of Approved CPE Events, please refer to the Board's website at www.tcmpb.gov.sg under [Continuing Professional TCM Education]. For more details on the events, please enquire directly with the CPE Event Providers.

6 Accredited CPE Event Providers

TCM Practitioners Board has accredited certain local TCM organizations/institutions which are known to be conducting in-house TCM courses as CPE Event Providers.

Before holding any event, accredited CPE Event Provider must provide event details for the approval of the event and the number of CPE points to be awarded. All accredited Event Providers must organize events for TCM practitioners during the period of accreditation in accordance to accreditation requirements.

a) Accredited Local TCM Organizations / Institutions:

- 1) Academy of Chinese Medicine, Singapore
- 2) Academy of TCM
- 3) Association for Promoting Chinese Medicines
- 4) Institute of Chinese Medical Studies
- 5) NTU School of Biological Sciences
- 6) Public Free Clinic Society
- 7) Singapore Acupuncture Association
- 8) Singapore Chinese Medical Union
- 9) Singapore Chinese Physicians' Association
- 10) Singapore Chung Hua Medical Institution
- 11) Singapore College of Traditional Chinese Medicine
- 12) Singapore College of Traditional Chinese Medicine Alumni Association
- 13) Society of Chinese Medical Research
- 14) Thong Chai Institute of Medical Research

7 Other Information

7.1 Requirements of CPE Event Providers

- 1) Event Providers must assume financial and administrative responsibilities independently for events organized.
- 2) Event Providers must have certain experience in conducting/organizing TCM/medical related education and training.
- 3) Event Providers must not participate in the promotion of commercial activities or products at CPE events conducted.
- 4) Qualified Event Providers may be granted an accreditation period of 2 years. The accredited event provider must organize/conduct a minimum of 30 hours of CPE events during the 2-year accreditation period, with at least 1 CPE event conducted in English / bilingual (English and Chinese).
- 5) All events must be publicized and open to all registered TCM practitioners only.

7.2 Requirements of CPE Events

- 1) Objectives of CPE events should be consistent with the purpose of enhancing the TCM professional standards.
- 2) Contents of CPE events should be relevant to TCM professional practice.

7.3 Requirements of Speakers / Instructors for CPE Events

- 1) Speakers / instructors must be supported by CPE event providers.
- 2) Speakers / instructors must hold the necessary skills, knowledge and experience in their area of practice accepted by the Board, e.g.
 - a) 10 years of full-time practice as TCM practitioners, with teaching experience; or
 - b) 10 years of experience in TCM education / research; or
 - c) Hold senior academic appointments recognised by the Board; or
 - d) Outstanding clinical practice experience or skills and hold prominent academic position in certain area(s) of practice
- 3) Speakers / instructors for CPE event must be of good standing and character.

8 Contact

For more information and clarification, please contact the Board Secretariat at:

Office Address: 81 Kim Keat Road #09-00 Singapore 328836
Office Hour: 8:30am - 1pm, 2pm to 5.30pm (Mon - Fri)
Telephone: 6355 2485 / 6355 2488
Email: enquiries@tcmpb.gov.sg

9 Attachments

Table A Voluntary CPE – Event Categories and CPE Points (Page 6)

Table B Voluntary CPE – Required Supporting Documents for CPE Point Claims (Page 7)

Table A: Voluntary CPE – CPE Event Categories and CPE Points

Event Category	Types of Event	Participation Role	Criteria	CPE Points	Max. CPE Points			
1A Local Pre-approved Events	<ul style="list-style-type: none"> ▪ Short-term/structured training ▪ Teaching session 	Participant	per 1 hour	1	NA			
		Speaker / Instructor*	per 1 hour	1				
1B Other Local Events	<ul style="list-style-type: none"> ▪ Lecture ▪ Conference ▪ Seminar ▪ Workshop 	Participant	1 to < 2 hour	1	NA			
			≥ 2 to ≤ 4 hours	2				
			1 day	4				
			2 days	8				
			3 days or more	12				
		Speaker / Instructor*	1 to < 2 hour	1				
			≥ 2 to ≤ 4 hours	2				
			1 day	4				
			2 days	8				
			3 days or more	12				
1C Overseas Events, or Events organised by other accredited medical / para-medical / healthcare establishments	<ul style="list-style-type: none"> ▪ Lecture ▪ Conference ▪ Seminar ▪ Workshop 	Participant	1 to < 2 hour	1	NA			
			≥ 2 to ≤ 4 hours	2				
			1 day	4				
			2 days	8				
			3 days or more	12				
		Speaker / Instructor*	1 to < 2 hour	1				
			≥ 2 to ≤ 4 hours	2				
			1 day	4				
	Short-term training course	Participant	per 2 hours	1		Maximum 25 points per course		
			Post-graduate study	Participant		per 2 hours	1	Maximum 25 points per course per academic year
			2A Publication of Books / Papers / Editorial Works / Reviews	Presentation of paper/poster at local/overseas conference/seminar		1 st Author	per paper	5
Subsidiary Author	per paper	2						
Author of TCM professional book/textbook/reference book	1 st Author	per book		5				
	Subsidiary Author	per book		2				
Publication of paper/report in recognised professional journal	Author / Subsidiary Author	per article		2				
Editorial work / review of TCM professional book/textbook /reference book/recognised professional journals	Chief Editor	per book/journal		5				
	Subsidiary Editor	per book/journal	2					
	Reviewer	per book/journal	2					
3A Self-Directed Learning	Reading of TCM/medical books / recognised professional journals	Self-Directed Learning	per article	1	Maximum 5 points per year / 10 points for 2 years			

* Excluding lectures / clinical instructions for formal TCM educational courses (e.g. Bachelor Degree Course in TCM, Advanced Diploma Course in TCM, Graduate Diploma in Acupuncture Courses for Doctors and Dentists, etc.)

Table B: Voluntary CPE – Required Supporting Documents for CPE Point Claims

Event Category	Types of Event	Submitted By	Supporting Documents to be uploaded online	Submission Deadline
1A Local Pre-approved Events	Short-term / structured training / teaching session	Accredited Event Provider	Attendance record	For categories 1A & 1B: Attendance records to be submitted online to the Board within one month after the completion of the CPE event.
1B Other Local Events	Lecture Conference Seminar Workshop	Accredited Event Provider	Attendance record	
1C Overseas Events, or Events organised by other accredited medical / para-medical / healthcare establishments	Lecture Conference Seminar Workshop	TCM Practitioner	1) Event Programme Details 2) Certificate of Attendance (including training date, time and whether as participant or speaker)	For categories 1C & 2A: Supporting documents must be submitted together with the online Application for CPE Points Claim within one month after the completion of the CPE event.
	Short-term training course	TCM Practitioner	1) Course Programme Details 2) Assessment Report from course organizer (including training date/period, time & course content)	
	Post-graduate study	TCM Practitioner	1) Admission notice 2) Transcript or course progress report 3) Certificate on completion of post-graduate course	
2A Publication of Books / Papers / Editorial Works / Reviews	Presentation of paper/poster at local/overseas conference/seminar	TCM Practitioner	1) Paper/Poster 2) Certificate issued by organiser	
	Author of TCM professional book/textbook/refer ence book		1) Book cover 2) Contents page	
	Publication of paper/report in recognised professional journal		1) Paper/report 2) Journal Cover 3) Contents page	
	Editorial work / review of TCM professional book/ textbook /reference book/recognised professional journals		1) Book/journal cover 2) Content page	
3A Self-Directed Learning	Reading of TCM/medical books/ recognized professional journals	TCM Practitioner	Reflection/Summary of article read	

1 自愿性中医继续教育（自愿性 CPE）

为了使注册中医执业者（包括注册中医师和注册针灸师）更新相关的专业知识，以跟上不断变化的中医发展，中医管理委员会从 2013 年 1 月 2 日起已推出了自愿性中医继续教育。

中医管理委员会鼓励注册的中医执业者积极参与自愿性 CPE 以不断提升自己的专业知识和技能并保持高的中医执业水准，为广大市民提供优质的中医药服务。

2 自愿性中医继续教育的学分要求

时间	CPE 学分有效时期 (Qualifying Period, 简称: QP)	最低 CPE 学分要求	
		总学分	核心学分* (60%) (批准的中医药课题)
1 年	4 月 1 日至明年的 3 月 31 日	25	15
2 年	4 月 1 日至两年后的 3 月 31 日	50	30

*核心 CPE 学分必须占 CPE 学分总数的至少 60%。参加其他认可的医疗/辅助医疗/保健机构所举办的项目可获得非核心学分。

3 自愿性中医继续教育的项目类型

中医继续教育项目共有 5 个类型:1A, 1B, 1C, 2A 和 3A。中医执业者参与每一个类型的项目都可获得不同的 CPE 学分。2A 和 3A 项目所获得的学分设有顶限。

有关 CPE 项目类型及 CPE 学分 详情，请参阅第 11 页的表 A。

有关在 2A 及 3A 类别的认可专业期刊，请到管委会的网站 www.tcmpb.gov.sg [中医继续教育] 查询。

4 CPE 学分的呈报

a) 1A, 1B 类别项目的呈报:

经认证的举办机构将在项目结束后的一个月内在代中医执业者呈报所获取的学分。

b) 1C, 2A, 3A 类别项目的呈报:

由中医执业者上网申报以下类别的 CPE 学分:

- (i) 1C 类别项目—国外讲座、学术会议研讨会、工作坊
- (ii) 2A 类别项目—中医药学术著作/专业课本(作者) / 在认可的专业期刊发表论文 / 编辑或审阅工作
- (iii) 3A 类别项目—自我进修

上网申报时，必须连同有关的支持证件一起上载呈交。

有关呈报 CPE 学分所需要的支持证件详情，请参阅第 12 页的表 B。

c) 学分申请在获得批准后就会记录在注册中医执业者的名下。您也可以上网查看您的 CPE 学分总结报告，和搜索您有兴趣出席的受认证的作坊与课程。

5 CPE 项目信息

有关批准的 CPE 项目，请到管委会的网站 www.tcmpb.gov.sg [中医继续教育] 查询。

6 CPE 项目举办机构的认证

中医管理委员会已经认证了本地有举办中医课程经验的一些中医机构或院校成为 CPE 项目的举办机构。

经认证的机构在举办项目之前，必需将项目详情提呈给管委会批准后才能举办 CPE 项目及获得 CPE 学分。举办机构在认证有效期内必须按照一定的认证要求开办项目让中医执业者参加。

a) 经认证的本地机构

- 1) 新加坡中医研究院
- 2) 专科中医研究院
- 3) 新加坡中医药促进会
- 4) 新加坡中医学研究院
- 5) 南洋理工大学生物科学院
- 6) 新加坡大众医院
- 7) 新加坡针灸学会
- 8) 新加坡中医中药联合会
- 9) 新加坡中医师公会
- 10) 新加坡中华医院
- 11) 新加坡中医学院
- 12) 新加坡中医学院毕业医师协会
- 13) 新加坡新医协会
- 14) 同济医药研究院

7 其他信息

7.1 CPE 举办机构的要求

- 1) 举办机构在提供 CPE 项目时必须自行承担财务和行政责任；
- 2) 举办机构必须具有一定的中医药/医药类的办学和培训经验；
- 3) 举办机构在项目进行过程中不能从事商业活动及推销任何产品；
- 4) 举办机构在认证申请被批准后的有效期 2 年内，所举办的项目总时数不得少于 30 个小时，和至少 1 次以英语/双语（英语和华语）的项目。
- 5) 所举办的项目必须公开及开放给所有注册的中医执业者参加。

7.2 CPE 项目的要求

- 1) 所开办的项目必须与中医管理委员会提升中医执业者专业水平的宗旨相符合；
- 2) 所举办项目的主题应该与相关专业有关。

7.3 CPE 项目主讲者/讲导师的要求

- 1) 举办机构必须声明支持 CPE 项目的讲导师。
- 2) CPE 项目的讲导师必须品行端正、医德良好、无不良记录，并持有管委会认可的相关技术，知识和工作经验/资历，例如：
 - a) 全职行医至少 10 年及拥有丰富的教学经验；或
 - b) 具有至少 10 年中医药教育、科研工作经验/资历者；或
 - c) 拥有管委会认可的高级职称；或
 - d) 有独特的临床经验或技术专长及在本学科领域内拥有杰出的学术职务。

8 联络信息

如果有疑问或想了解更多的信息, 请与管委会秘书处联系:

办公地址: 81 Kim Keat Road #09-00 Singapore 328836

办公时间: 8:30am - 1pm, 2pm to 5.30pm (Mon - Fri)

电话号码: 6355 2485 / 6355 2488

电邮: enquiries@tcmpb.gov.sg

9 附件

表 A: 自愿性中医继续教育 – CPE 项目类型和 CPE 学分 (第 11 页)

表 B: 自愿性中医继续教育 – 呈报 CPE 学分所需的支持证件 (第 12 页)

表 A: 自愿性中医继续教育 - CPE 项目类型和 CPE 学分

项目类别	项目类型	参与角色	评分标准	CPE 学分	CPE 学分顶限		
1A 本地 预先批准项目	短期/规划培训 教学/讨论会	参加者	每 1 小时	1	无		
		主讲者/ 讲导师*	每 1 小时	1			
1B 本地其他项目	讲座 学术会议 研讨会 工作坊	参加者	1 到 < 2 小时	1	无		
			≥2 到 ≤4 小时	2			
			1 天	4			
			2 天	8			
			3 天或更多天	12			
		主讲者/ 讲导师*	1 到 < 2 小时	1			
			≥2 到 ≤4 小时	2			
			1 天	4			
			2 天	8			
			3 天或更多天	12			
1C 国外项目, 或其 他认可的医疗/ 辅助医疗/保健 机构所举办的 项目	讲座 学术会议 研讨会 工作坊	参加者	1 到 < 2 小时	1	无		
			≥2 到 ≤4 小时	2			
			1 天	4			
			2 天	8			
			3 天或更多天	12			
		主讲者/ 讲导师*	1 到 < 2 小时	1			
			≥2 到 ≤4 小时	2			
			1 天	4			
			2 天	8			
			3 天或更多天	12			
		短期培训课程	参加者	每 2 小时		1	每课程最多 25 分
		学士后课程	参加者	每 2 小时		1	每学年最多 25 分
2A 发表著作/论文 /报告/编辑/审 阅工作	在国内外学术会议/研讨会 上宣读论文/展示壁报	第一作者	每篇	5	每年最多 20 分 / 每 2 年最多 40 分		
		其他作者	每篇	2			
	中医药学术著作/专业课本/ 参考书 (作者)	第一作者	每本	5			
		其他作者	每本	2			
	在认可的专业期刊上发表论 文/报告	第一作者 / 其他作者	每篇	2			
	中医药学术著作/专业课本/ 参考书/认可的专业期刊 (编 辑/审阅工作)	主编	每本	5			
		编委	每本	2			
审稿		每本	2				
3A 自我进修	阅读中医药/医药书本/认可 的专业期刊	自我进修	每篇	1	每年最多 5 分 / 每 2 年最多 10 分		

* 不包括授正规中医院校课程的讲师和临床导师 (例如: 医学士学位课程、中医专业高级文凭、学士后"西医和牙医针灸培训课程"等。)

表 B：自愿性中医继续教育 - 呈报 CPE 学分所需的支持证件

项目类别	项目类型	呈报者	必须上网上载的支持证件	提交截止日期
1A 本地 预先批准项目	短期/规划培训 教学/讨论会	项目举办机构	出席记录表	1A, 1B 类别: 出席记录表应该在项目结束后的一个月 内提交。
	1B 本地其他项目	项目举办机构	出席记录表	
1C 国外项目, 或其 他认可的医疗/ 辅助医疗/保健 机构所举办的 项目	讲座 学术会议 研讨会 工作坊	中医执业者	1) 项目程序表 2) 出席证明书 (包括出席日期、时间及参与 角色)	1C, 2A 类别: 支持证件必须在项 目结束后的一个月 内随网上申报表一 起上载提交。
	短期培训课程	中医执业者	1) 课程程序表 2) 培训单位的评估报告 (包括培训日期、时间和内容)	
	学士后课程	中医执业者	1) 录取通知书 2) 考试成绩单或课程进展报告 3) 结业或毕业证书	
2A 发表著作/论文 /报告/编辑/审 阅工作	在国内外学术会议 /研讨会上宣读论 文/展示壁报	中医执业者	1) 论文/壁报 2) 主办机构发出的宣读论文/展 示壁报证明书	
	中医药学术著作/ 专业课本/参考书 (作者)		1) 著作/课本/书本的封面 2) 目录页	
	在认可的专业期刊 上发表论文/报告		1) 论文/报告 2) 期刊的封面 3) 目录页	
	中医药学术著作/ 专业课本/参考书/ 认可的专业期刊 (编辑/审阅工作)		1) 著作/课本/书本/期刊的封面 2) 目录页	
3A 自我进修	阅读中医药/医药 书本/认可的专业 期刊	中医执业者	文章读后感/文章内容摘要	